

ACBC Exam Study Guide
Counseling Exam 4

Q: Provide a biblical definition of anger. Describe manifestations of anger in both the inner and outer man. Explain the biblical factors that drive anger. Detail several biblical strategies to respond to anger.

Definitions:

Anger

Key Texts:

Matthew 5:21-22

Ephesians 4:31-32

James 1:19-20

James 4:1-3

Key Resources:

Robert Jones, *Uprooting Anger* (P&R, 2005).

Lou Priolo, *The Heart of Anger* (Calvary, 1998).

Stuart Scott, *Anger, Anxiety & Fear* (Focus, 2009).

David Powlison, *Anger: Escaping the Maze* (P&R, 2000).

David Powlison, *Good and Angry* (New Growth, 2016).

Martha Peace, "Help for Overcoming Anger" in Elyse Fitzpatrick, ed., *Women Counseling Women* (Harvest House, 2010).